

# Tinea Corporis

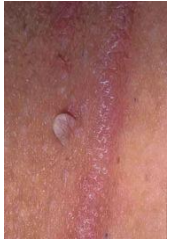
## What is it?

- **Tinea Corporis**— is a skin infection due to fungi, ringworm of the body is one of several forms of ringworms, a fungal infection that develops on the top layer of skin; has nothing to do with a worm under the skin but name ringworm due to the shape of the rash; also closely related to:
  - **Jock Itch/Tinea Cruris**- affects the genitals, inner upper thighs and buttocks
  - **Athlete's Foot/Tinea Pedis**- affects the moist areas between the toes and sometimes on your foot
  - **Ringworm of the Scalp/Tinea Capitis**- is most common in children and involves red, itchy patches on the scalp, leaving bald patches



## Symptoms:

- **Symptoms**- itching, a ring-shaped, enlarged raised red-colored circular skin rash with healthy looking skin in the center; the rash may appear on the face, arms, legs or other exposed areas



## Recommendations:

- **Prevention**- washing hands after touching plants, soil, and animals; wear loose-fitting clothing, do not touch lesions on others, always practice good hygiene when it involves physical contact

## Facts:

- **Higher Risk**- farm worker,, laboratory worker, veterinarian, zookeeper, gardener, contact with animals, contact sports, contact with sports facilities, women touching infected children

## What can I do?

- **See your Health Care Provider**- for more information
  - **Treatment**- topical antifungal creams to the skin, oral medication
    - **Topical Antifungal Creams**- applied to the lesion 2 times a day for 3 weeks; lesion usually resolves in 2-3 weeks; Clotrimazole, Miconazole, Ketoconazole, Tolnaftate, and Terbinafine
    - **Oral Medication**- taken for 7 days; Terbinafine and Itraconazole

