

Hidradenitis

What is it?

- **Hidradenitis**– diseases in which the histologic abnormality is primarily an inflammatory infiltrate around the eccrine glands
- **Hidradenitis Suppurativa**- a chronic disease affecting the apocrine glands, a type of sweat glands; an uncommon chronic inflammatory skin condition
 - **Develop**- painful red bumps or sores in the armpits and groin that leak pus, also occurs under the breasts of women; a severe form of acne, no known cause



Signs and Symptoms:

- **Symptoms**- pimples or black heads, a large draining lesion or wound, growing to the size of a golf ball; depression, chronic pain,

Facts:

- **Areas it Effects**- top of the inner thighs, bottoms, armpits, genitals, under the breast of women, less common on the hair line, behind the ears and on the stomach;
- **Caused by**- a tendency of the apocrine hair follicle to become blocked; linked to auto immune disorders; found to have a genetic link

What can I do?

- **See your Health Care Provider**-
 - **Medical Treatments**- antibiotics as tetracycline for long term and Ciprofloxacin for secondary infections react badly with sunlight and alcohol, can also cause bowel problems and nausea; high dose systemic steroids, retinoid, birth control pills, radiotherapy
- **See a Registered Dietitian**- for help as needed

