

Foreign Body in the Eye

What is it?

- **Foreign Body in the Eye**– may be an eyelash, makeup or a piece of metal flying through the air causes a serious injury or may simply go away with no long term problem



Signs and Symptoms:

- **Symptoms**- pain, redness, sensation of a foreign object in your eye; intense excruciating pain; scratching, mild to extreme irritation, burning, tearing, difficulty opening the eye, soreness, burning

Recommendations:

- **Always**- wear eye protection, always wash your hands before touching your eye, do not rub your eye, ask someone else to inspect your eye by gently lifting the lid looking at the corners of your eye; if you inspect use a magnifying mirror with a bright light; use a eyewash solution or lukewarm water to wash out your eyes, lie down or sit in a chair & tilt your head to the side being flushed to allow the foreign out to flow out and away from the eye; can pull the lower lid down and ask the person to look up, close your eye and rest for 5 minutes; flush one more time and if it does not work see a health care provider



- **Facts:**
- **Caused by**- cutting wood or grinding metal that could fly into eyes at very high rates of speed
- **Tips to Follow**- DO NOT rub your eye, keep closed, blinking increases irritation



What can I do?

- **See your Health Care Provider**- if you can't remove the object, if the object is embedded in the eyeball, experiencing abnormal vision
 - **Treatment**- careful examination of the surface of the eye with a slit lamp microscope, ophthalmoscope