

Cold Stone Creamery®

Low Sodium Spiral



1 slice each or as stated

	Factor		Factor
Adult 6-inch Round Cake, Celebration Sensation™ (1 slice/1/8 cake)	2	Pecan Praline Ice Cream, Gotta Have It Size (Large)	2
Adult 6-inch Round Cake, Chocolate Chipper™ (1 slice/1/8 cake)	2	Pecan Praline Ice Cream, Love It Size (Medium)	2
Adult 6-inch Round Cake, Coffeehouse Crunch™ (1 slice/1/8 cake)	4	Pecan Praline Ice Cream, Like It Size (Small)	2
Adult 6-inch Round Cake, Cookie Sough Delirium™ (1 slice/1/8 cake)	2	Pistachio Ice Cream, Gotta Have It Size (Large)	2
Adult 6-inch Round Cake, Cookies & Creamery™ (1 slice/1/8 cake)	4	Pistachio Ice Cream, Love It Size (Medium)	2
Adult 6-inch Round Cake, Midnight Delight™ (1 slice/1/8 cake)	2	Pistachio Ice Cream, Like It Size (Small)	2
Adult 6-inch Round Cake, MMMMMM Chip™ (1 slice/1/8 cake)	2	Pumpkin Ice Cream, Gotta Have It Size (Large)	4
Adult 6-inch Round Cake, Peanut Butter Playground™ (1 slice/1/8 cake)	2	Pumpkin Ice Cream, Love It Size (Medium)	2
Adult 6-inch Round Cake, Snicker's Supreme™ (1 slice/1/8 cake)	2	Pumpkin Ice Cream, Like It Size (Small)	2
Adult 6-inch Round Cake, Strawberry Passion™ (1 slice/1/8 cake)	4	Raspberry Ice Cream, Gotta Have It Size (Large)	2
Adult 6-inch Round Cake, Zebra Stripes (1 slice/1/8 cake)	2	Raspberry Ice Cream, Love It Size (Medium)	2
Adult 6-inch Round Cake, Zebra Stripes Dark (1 slice/1/8 cake)	2	Raspberry Ice Cream, Like It Size (Small)	2
Adult 8-inch Round Cake, Celebration Sensation™ (1 slice)	2	Sinless Sans Fat™, Sweet Cream, Gotta Have It Size (Large)	4
Adult 8-inch Round Cake, Chocolate Chipper™ (1 slice)	2	Sinless Sans Fat™, Sweet Cream, Love It Size (Medium)	2
Adult 8-inch Round Cake, Coffeehouse Crunch™ (1 slice)	4	Sinless Sans Fat™, Sweet Cream, Like It Size (Small)	2
Adult 8-inch Round Cake, Cookie Dough Delirium™ (1 slice)	2	Sinless Cake Batter Ice Cream, , Gotta Have It Size (Large)	4
Adult 8-inch Round Cake, Cookies & Creamery™ (1 slice)	4	Sinless Cake Batter Ice Cream, Love It Size (Medium)	4
Adult 8-inch Round Cake, Midnight Delight™ (1 slice)	2	Sinless Cake Batter Ice Cream, Like It Size (Small)	2
Adult 8-inch Round Cake, MMMMMM Chip™ (1 slice)	2	Strawberry Ice Cream™, Gotta Have It Size (Large)	2
Adult 8-inch Round Cake, Peanut Butter Playground™ (1 slice)	2	Strawberry Ice Cream, Love It Size (Medium)	2
Adult 8-inch Round Cake, Snicker's Supreme™ (1 slice)	2	Strawberry Ice Cream, Like It Size (Small)	2
Adult 8-inch Round Cake, Strawberry Passion™ (1 slice)	4	Sweet Cream Ice Cream, Gotta Have It Size (Large)	2
Adult 8-inch Round Cake, Zebra Stripes™ (1 slice)	2	Sweet Cream Ice Cream, Love It Size (Medium)	2
Adult 8-inch Round Cake, Zebra Stripes Dark™ (1 slice)	2	Sweet Cream Ice Cream, Like It Size (Small)	2
Amaretto Ice Cream, Gotta Have It Size (Large)	2	Vanilla Bean Ice Cream, Gotta Have It Size (Large)	2
Amaretto Ice Cream, Love It Size (Medium)	2	Vanilla Bean Ice Cream, Love It Size (Medium)	2
Amaretto Ice Cream, Like It Size (Small)	2	Vanilla Bean Ice Cream, Like It Size (Small)	2

Cold Stone Creamery®

Low Sodium Spiral



	2	White Chocolate Ice Cream, Gotta Have It Size (Large)	2
Banana Ice Cream, Gotta Have It Size (Large)	2	White Chocolate Ice Cream, Love It Size (Medium)	2
Banana Ice Cream, Love It Size (Medium)	2	White Chocolate Ice Cream, Like It Size (Small)	2
Banana Ice Cream, Like It Size (Small)	2	Countrytime Pink Lemonade Sorbet, Gotta Have It Size (Large)	2
Black Cherry Ice Cream, Gotta Have It Size (Large)	2	Countrytime Pink Lemonade Sorbet, Love It Size (Medium)	0
Black Cherry Ice Cream, Love It Size (Medium)	2	Countrytime Pink Lemonade Sorbet, Like It Size (Small)	0
Black Cherry Ice Cream, Like It Size (Small)	2	Lemon Sorbet, Gotta Have It Size (Large)	0
Butter Pecan Ice Cream, Gotta Have It Size (Large)	2	Lemon Sorbet, Love It Size (Medium)	0
Butter Pecan Ice Cream, Love It Size (Medium)	2	Lemon Sorbet, Like It Size (Small)	0
Butter Pecan Ice Cream, Like It Size (Small)	2	Raspberry Sorbet, Gotta Have It Size (Large)	0
Cake Batter Ice Cream, Gotta Have It Size (Large)	4	Raspberry Sorbet, Love It Size (Medium)	0
Cake Batter Ice Cream, Love It Size (Medium)	4	Raspberry Sorbet, Like It Size (Small)	0
Cake Batter Ice Cream, Like It Size (Small)	2	Watermelon Sorbet, Gotta Have It Size (Large)	0
Candy Cane Ice Cream, Gotta Have It Size (Large)	2	Watermelon Sorbet, Love It Size (Medium)	0
Candy Cane Ice Cream, Love It Size (Medium)	2	Watermelon Sorbet, Like It Size (Small)	0
Candy Cane Ice Cream, Like It Size (Small)	4	Tart and Tangy Yogurt, Gotta Have It Size (Large)	2
Cheesecake – Non-fat Frozen Yogurt, Gotta Have It Size (Large)	2	Tart and Tangy Yogurt, Love It Size (Medium)	2
Cheesecake – Non-fat Frozen Yogurt, Love It Size (Medium)	2	Tart and Tangy Yogurt, Like It Size (Small)	2
Cheesecake – Non-fat Frozen Yogurt, Like It Size (Small)	2	Tart and Tangy Berry Yogurt, Gotta Have It Size (Large)	2
Cheesecake –Ice Cream, Gotta Have It Size (Large)	2	Tart and Tangy Berry Yogurt, Love It Size (Medium)	2
Cheesecake –Ice Cream, Love It Size (Medium)	2	Tart and Tangy Berry Yogurt, Like It Size (Small)	2
Cheesecake –Ice Cream, Like It Size (Small)	2		
Chocolate Low Fat Frozen Yogurt, Gotta Have It Size (Large)	4	Shakes	
Chocolate Low Fat Frozen Yogurt, Love It Size (Medium)	2	Cake ‘n Shake™, Gotta Have It Size (Large)	10
Chocolate Low Fat Frozen Yogurt, Like It Size (Small)	2	Cake ‘n Shake™, Love It Size (Medium)	8
Chocolate Ice Cream, Gotta Have It Size (Large)	2	Cake ‘n Shake™, Like It Size (Small)	6
Chocolate Ice Cream, Love It Size (Medium)	2	Cherry Cheesecake™, Gotta Have It Size (Large)	4
		Cherry Cheesecake™, Love It Size	4

Cold Stone Creamery®

Low Sodium Spiral



Chocolate Ice Cream, Like It Size (Small)	2	(Medium)	
Cinnamon Ice Cream, Gotta Have It Size (Large)	2	Cherry Cheesecake™, Like It Size (Small)	2
Cinnamon Ice Cream, Love It Size (Medium)	2	Cream de Menthe Cherry Cheesecake™, Gotta Have It Size (Large)	16
Cinnamon Ice Cream, Like It Size (Small)	2	Cream de Menthe Cherry Cheesecake™, Love It Size (Medium)	12
Coconut Ice Cream, Gotta Have It Size (Large)	2	Cream de Menthe Cherry Cheesecake™, Like It Size (Small)	10
Coconut Ice Cream, Love It Size (Medium)	2	Lotta Caramel Latte™, Gotta Have It Size (Large)	14
Coconut Ice Cream, Like It Size (Small)	2	Lotta Caramel Latte™, Love It Size (Medium)	12
Coffee- Non-Fat Frozen Yogurt, Gotta Have It Size (Large)	4	Lotta Caramel Latte™, Like It Size (Small)	10
Coffee- Non-Fat Frozen Yogurt, Love It Size (Medium)	2	Milk and Cookies™, Gotta Have It Size (Large)	14
Coffee- Non-Fat Frozen Yogurt, Like It Size (Small)	2	Milk and Cookies™, Love It Size (Medium)	12
Coffee Ice Cream, Gotta Have It Size (Large)	2	Milk and Cookies™, Like It Size (Small)	10
Coffee Ice Cream, Love It Size (Medium)	2	Oh Fudge!™, Gotta Have It Size (Large)	16
Coffee Ice Cream, Like It Size (Small)	2	Oh Fudge!™, Love It Size (Medium)	14
Dipped Waffle	2	Oh Fudge!™, Like It Size (Small)	10
Dipped Waffle with Candy	2	PB & C™, Gotta Have It Size (Large)	20
Egg Nog Ice Cream, Gotta Have It Size (Large)	2	PB & C™, Love It Size (Medium)	18
Egg Nog Ice Cream, Love It Size (Medium)	2	PB & C™, Like It Size (Small)	12
Egg Nog Ice Cream, Like It Size (Small)	2	Savory Strawberry™, Gotta Have It Size (Large)	12
French Vanilla Ice Cream, Gotta Have It Size (Large)	2	Savory Strawberry™, Love It Size (Medium)	10
French Vanilla Ice Cream, Love It Size (Medium)	2	Savory Strawberry™, Like It Size (Small)	8
French Vanilla Ice Cream, Like It Size (Small)	2	Very Vanilla™, Gotta Have It Size (Large)	14
Irish Cream Ice Cream, Gotta Have It Size (Large)	2	Very Vanilla™, Love It Size (Medium)	10
Irish Cream Ice Cream, Love It Size (Medium)	2	Very Vanilla™, Like It Size (Small)	8
Irish Cream Ice Cream, Like It Size (Small)	2		
Italian Sorbet – Lemon, Gotta Have It Size (Large)	0	Sinless Shakes	
Italian Sorbet – Lemon, Love It Size (Medium)	0	Sinless Cake n Shake- 24 oz.	12
Italian Sorbet – Lemon, Like It Size (Small)	0	Sinless Cake n Shake- 20 oz.	10
Italian Sorbet – Raspberry, Gotta Have It Size (Large)	0	Sinless Cake n Shake- 16 oz.	8
		Sinless Oh Fudge- 24 oz.	6
		Sinless Oh Fudge- 20 oz.	4

Cold Stone Creamery®

Low Sodium Spiral



Italian Sorbet – Raspberry, Love It Size (Medium)	0	Sinless Oh Fudge 16 oz.	4
Italian Sorbet – Raspberry, Like It Size (Small)	0	Sinless Milk & Cookies- 24 oz.	6
Kid's 8-inch Round Cake, Barbie™ (1/8 cake)	2	Sinless Milk & Cookies- 20 oz.	6
Kid's 8-inch Round Cake, Blue's Clues™ (1/8 cake)	2	Sinless Milk & Cookies- 16 oz.	4
Kid's 8-inch Round Cake, Harry Potter™ (1/8 cake)	2	Sinless Very Vanilla- 24 oz.	6
Kid's 8-inch Round Cake, Hot Wheels™ (1/8 cake)	2	Sinless Very Vanilla- 20 oz.	4
Kid's 8-inch Round Cake, Lizzie McGuire™ (1/8 cake)	2	Sinless Very Vanilla- 16 oz.	4
Kid's 8-inch Round Cake, Nemo™ (1/8 cake)	2		
Kid's 8-inch Round Cake, Spider-Man™	2	Smoothie- Sinless	
Kid's 8-inch Round Cake, SpongeBob™	2	2 to Mango™, Gotta Have It Size (Large)	0
Kid's 8-inch Round Cake, Winnie the Pooh™	2	2 to Mango™, Love It Size (Medium)	0
Kid's Medium Rectangle Cake, Barbie™	2	2 to Mango™, Like It Size (Small)	0
Kid's Medium Rectangle Cake, Blue's Clues™	2	Berry Lemony™, Gotta Have It Size (Large)	0
Kid's Medium Rectangle Cake, Harry Potter™	2	Berry Lemony™, Love It Size (Medium)	0
Kid's Medium Rectangle Cake, Hot Wheels™	2	Berry Lemony™, Like It Size (Small)	0
Kid's Medium Rectangle Cake, Lizzie McGuire™	2	Berry Trinity™, Gotta Have It Size (Large)	0
Kid's Medium Rectangle Cake, Nemo™	2	Berry Trinity™, Love It Size (Medium)	0
Kid's Medium Rectangle Cake, Spider-Man™	2	Berry Trinity™, Like It Size (Small)	0
Kid's Medium Rectangle Cake, SpongeBob™	2	Citrus Sunsation™, Gotta Have It Size (Large)	2
Kid's Medium Rectangle Cake, Winnie the Pooh™	2	Citrus Sunsation™, Love It Size (Medium)	2
Macadamia Nut Ice Cream, Gotta Have It Size (Large)	2	Citrus Sunsation™, Like It Size (Small)	0
Macadamia Nut Ice Cream, Love It Size (Medium)	2	Man-Go Bananas™, Gotta Have It Size (Large)	0
Macadamia Nut Ice Cream, Like It Size (Small)	2	Man-Go Bananas™, Love It Size (Medium)	0
Mango Ice Cream, Gotta Have It Size (Large)	2	Man-Go Bananas™, Like It Size (Small)	0
Mango Ice Cream, Love It Size (Medium)	2	On The YoGo™, Gotta Have It Size (Large)	0
Mango Ice Cream, Like It Size (Small)	2	On The YoGo™, Love It Size (Medium)	0
Mint Ice Cream, Gotta Have It Size (Large)	2	On The YoGo™, Like It Size (Small)	0
Mint Ice Cream, Love It Size (Medium)	2	Strawberry Bananas™, Gotta Have It Size (Large)	0
Mint Ice Cream, Like It Size (Small)	2	Strawberry Bananas™, Love It Size (Medium)	0
		Strawberry Bananas™, Like It Size (Small)	0

Cold Stone Creamery®

Low Sodium Spiral



Mix-Ins- Almond Joy Candy (1 piece)	0
Mix-Ins- Apple Pie Filling 1 spoonful	0
Mix-Ins- Bananas (1/2 Banana)	0
Mix-Ins- Black Cherries (.75 oz.)	0
Mix-Ins- Blackberries (.75 oz.)	0
Mix-Ins- Blueberries (.75 oz.)	0
Mix-Ins- Brownies (1 piece)180	2
Mix-Ins- Butterfinger Candy (1/2 Bar)	2
Mix-Ins- Butterscotch, Fat Free (1 oz.)	2
Mix-Ins- Caramel, Fat Free (1 oz.)	2
Mix-Ins- Cashews (1 oz.)	2
Mix-Ins- Cherry Pie Filling (.75 oz.)	0
Mix-Ins- Chocolate Chips (1 oz.)	0
Mix-Ins- Chocolate Sprinkles (1 oz.)	0
Mix-Ins- Cinnamon (1/8 teaspoon)	0
Mix-Ins- Coconut (1 oz.)	0
Mix-Ins- Cookie Dough (1 piece)	2
Mix-Ins- Fudge, Fat Free (1 oz.)	0
Mix-Ins- Graham Cracker Pie Crust (1 oz.)	2
Mix-I Granola- (1 oz.)	0
Mix-Ins- Gumballs (1 oz.)	0
Mix-Ins- Gummi Bears (1 oz.)	0
Mix-Ins-Heath Candy Bar (1 bar)	2
Mix-Ins- Honey (1 oz.)	0
Mix-Ins- Kit Kat Candy Bar (1/2 bar)	0
Mix-Ins- Krackel Candy Bar (1/2 bar)	0
Mix-Ins- M & M's Candy (1 oz.)	0
Mix-Ins- Macadamia Nuts (1 oz.)	2
Mix-Ins- Maraschino Cherries (1 cherry)	0
Mix-Ins- Marshmallow Crème (1 oz.)	0

Smoothie- Lifestyle

Banana Banana, Gotta Have It Size (Large)	2
Banana Banana, Love It Size (Medium)	2
Banana Banana, Like It Size (Small)	2
Banana Strawberry, Gotta Have It Size (Large)	2
Banana Strawberry, Love It Size (Medium)	2
Banana Strawberry, Like It Size (Small)	2
Blueberry Banana, Gotta Have It Size (Large)	2
Blueberry Banana, Love It Size (Medium)3	2
Blueberry Banana, Like It Size (Small)	2
Blueberry Pineapple, Gotta Have It Size (Large)	2
Blueberry Pineapple, Love It Size (Medium)	2
Blueberry Pineapple, Like It Size (Small)	2
Raspberry Banana, Gotta Have It Size (Large)	2
Raspberry Banana, Love It Size (Medium)	2
Raspberry Banana, Like It Size (Small)	2
Mango Pineapple, Gotta Have It Size (Large)	2
Mango Pineapple, Love It Size (Medium)	2
Mango Pineapple, Like It Size (Small)	2
Mango Strawberry, Gotta Have It Size (Large)	2
Mango Strawberry, Love It Size (Medium)	2
Mango Strawberry, Like It Size (Small)	2
Pineapple Coconut Orange, Gotta Have It Size (Large)	4
Pineapple Coconut Orange, Love It Size (Medium)	4
Pineapple Coconut Orange, Like It Size (Small)	2
Strawberry Raspberry, Gotta Have It Size (Large)	2
Strawberry Raspberry, Love It Size (Medium)	2
Strawberry Raspberry, Like It Size (Small)	2
Supplements- 1 packet	
Nrgize Whey Protein Supplement	0
Nrgize Energy Supplement	0

Cold Stone Creamery®

Low Sodium Spiral



Mix-Ins- Marshmallows (1 oz.)	0	Nrgize Anti-Stress	0
Mix-Ins- Nestle Crunch Bar (1/2 bar)	0	Nrgize Antioxidants/Immune Supplement	0
Mix-Ins- Nilla Wafers (3 cookies)	0	Cakes and Pies	
Mix-Ins- Oreo Cookies (2 cookies)	2	Per 1 slice of Cake	4
Mix-Ins- Oreo Pie Crust (1 oz.)	2	A Cheesecake Named Desire™- 6 “ round- 8 slices per cake	4
Mix-Ins- Peach Pie Filling (1 oz.)	0	A Cheesecake Named Desire™- 8”round- 14 slices per cake-	4
Mix-Ins- Peanut Butter (.75 oz.)	2	Cake Batter Confetti™- 6 “ round- 8 slices per cake	4
Mix-Ins- Peanut M & M’s (1 oz.)	0	Cake Batter Confetti™- 8”round- 14 slices per cake-	2
Mix-Ins-Peanuts (1 oz.)	2	Chocolate Chipper™- 6 “ round- 8 slices per cake	2
Mix-Ins- Pecan Pralines (1 oz.)	2	Chocolate Chipper™- 8”round- 14 slices per cake-	4
Mix-Ins-Pecans (1 oz.)	2	Coffeehouse Crunch™- 6 “ round- 8 slices per cake	4
Mix-Ins-Pineapple Chunks (.75 oz.)	0	Coffeehouse Crunch™- 8”round- 14 slices per cake-	4
Mix-Ins-Pistachio Nuts (1 oz.)	0	Coffee Dough Delirium™- 6 “ round- 8 slices per cake	2
Mix-Ins-Rainbow Sprinkles (1 oz.)	0	Coffee Dough Delirium™- 8”round- 14 slices per cake-	2
Mix-Ins-Raisins (1 oz.)	0	Cookies & Creamery™- 6 “ round- 8 slices per cake	4
Mix-Ins-Raspberries (.75 oz.)	0	Cookies & Creamery™- 8”round- 14 slices per cake-	4
Mix-Ins-Reese’s Peanut Butter Cup (1 piece)	2	Dark Peppermint Pleasure™- 6 “ round- 8 slices per cake	2
Mix-Ins-Reese’s Pieces 1 oz.)	0	Dark Peppermint Pleasure™- 8”round- 14 slices per cake-	2
Mix-Ins-Rich’s Whip Topping (1 dollop)	0	Midnight Delight™- 6 “ round- 8 slices per cake	2
Mix-Ins-Roasted Almonds (1 oz.)	2	Midnight Delight™- 8”round- 14 slices per cake-	2
Mix-Ins-Sliced Almonds (1 oz.)	0	MMMMMM Chip™- 6 “ round- 8 slices per cake	2
Mix-Ins-Smuckers Caramel (1 oz.)	2	MMMMMM Chip™- 8”round- 14 slices per cake-	2
Mix-Ins-Smuckers Fudge (1 oz.)	0	Peanut Butter Playground™- 6 “ round- 8 slices per cake	4
Mix-Ins-Snickers Candy (1/2 bar)	2	Peanut Butter Playground™- 8”round- 14 slices per cake-	4

Cold Stone Creamery®

Low Sodium Spiral



Mix-Ins-Strawberries (.75 oz.)	0	Strawberry Passion™- 6 “ round- 8 slices per cake	4
Mix-Ins-Toasted Coconut (1 oz.)	0	Strawberry Passion™- 8”round- 14 slices per cake-	4
Mix-Ins-Twix Candy (1 piece)	2	Birthday Cake™- 6 “ round- 8 slices per cake	2
Mix-Ins-Walnuts (1 oz.)	0	Birthday Cake™- 8”round- 14 slices per cake-	2
Mix-Ins-White Chocolate Chips (1 oz.)	0	Birthday Cake- Small Rectangular- serves 25 people	2
Mix-Ins-Yellow Sponge Cake (1 piece)	2	Birthday Cake- Large Rectangular serves 40 people	2
York Peppermint Patties (2 pieces)	0	Pumpkin Pie- 9” round--for 10 people	2
Mocha Ice Cream, Gotta Have It Size (Large)	4	Cupcakes-1 cupcake	
Mocha Ice Cream, Love It Size (Medium)	2	Double Chocolate Devotion	2
Mocha Ice Cream, Like It Size (Small)	2	Cake Batter Delux	2
Orange Dreams Ice Cream, Gotta Have It Size (Large)	2	Sweet Cream	2
Orange Dreams Ice Cream, Love It Size (Medium)	2	Grab & Go-	
Orange Dreams Ice Cream, Like It Size (Small)	2	Ice Cream- ½ cup	
Oreo Cookie Ice Cream, Gotta Have It Size (Large)	4	Cake Batter Batter, Batter™	2
Oreo Cookie Ice Cream, Love It Size (Medium)	2	Chocolate Devotion™	2
Oreo Cookie Ice Cream, Like It Size (Small)	2	Chocolate Lovers Only®	2
Peanut Butter Ice Cream, Gotta Have It Size (Large)	4	Crème De La Berry™	0
Peanut Butter Ice Cream, Love It Size (Medium)	2	Founder’s Favorite®	2
Peanut Butter Ice Cream, Like It Size (Small)	2	Peanut Butter Cup Perfection™	2
Iced Coffee		Rocky Off Road™	2
Sweet Cream Latte, Gotta Have It Size (Large)	2	Shock Off Road™	2
Sweet Cream Latte, Love It Size (Medium)	2	Zenilla™	0
Sweet Cream Latte, Like It Size (Small)	2	Lite Iced Coffee	
Milk Caramel Latte, Gotta Have It Size (Large)	2	Lite Sweet Cream Latte, Gotta Have It Size (Large)	2
Milk Caramel Latte, Love It Size (Medium)	2	Lite Sweet Cream Latte, Love It Size (Medium)	2
Milk Caramel Latte, Like It Size (Small)	2	Lite Sweet Cream Latte, Like It Size (Small)	2
Rich Mocha Latte, Gotta Have It Size (Large)	2	Lite Milk Caramel Latte, Gotta Have It Size (Large)	2
Rich Mocha Latte, Love It Size (Medium)	2	Lite Milk Caramel Latte, Love It Size (Medium)	2
		Lite Milk Caramel Latte, Like It Size	2

Cold Stone Creamery®

Low Sodium Spiral



Rich Mocha Latte, Like It Size (Small)	2	(Small)	2
Raspberry Truffle Mocha Latte, Gotta Have It Size (Large)	4	Lite Rich Mocha Latte, Gotta Have It Size (Large)	2
Raspberry Truffle Mocha Latte, Love It Size (Medium)	2	Lite Rich Mocha Latte, Love It Size (Medium)	2
Raspberry Truffle Mocha Latte, Like It Size (Small)	2	Lite Rich Mocha Latte, Like It Size (Small)	2
Vanilla Crème Latte, Gotta Have It Size (Large)	2	Lite Raspberry Truffle Mocha Latte, Gotta Have It Size (Large)	4
Vanilla Crème Latte, Love It Size (Medium)	2	Lite Raspberry Truffle Mocha Latte, , Love It Size (Medium)	2
Vanilla Crème Latte, Like It Size (Small)	2	Lite Raspberry Truffle Mocha Latte, Like It Size (Small)	2
Blended Coffee - does not include whipped topping		Lite Vanilla Crème Latte, Gotta Have It Size (Large)	2
Lite Sweet Cream Latte, Gotta Have It Size (Large)	2	Lite Vanilla Crème Latte, Love It Size (Medium)	2
Lite Sweet Cream Latte, Love It Size (Medium)	2	Lite Vanilla Crème Latte, Like It Size (Small)	2
Lite Sweet Cream Latte, Like It Size (Small)	2		
Lite Milk Caramel Latte, Gotta Have It Size (Large)	2		
Lite Milk Caramel Latte, Love It Size (Medium)	2		
Lite Milk Caramel Latte, Like It Size (Small)	2		
Lite Rich Mocha Latte, Gotta Have It Size (Large)	2		
Lite Rich Mocha Latte, Love It Size (Medium)	2		
Lite Rich Mocha Latte, Like It Size (Small)	2		
Lite Raspberry Truffle Mocha Latte, Gotta Have It Size (Large)	4		
Lite Raspberry Truffle Mocha Latte, Love It Size (Medium)	2		
Lite Raspberry Truffle Mocha Latte, Like It Size (Small)	2		
Lite Vanilla Crème Latte, Gotta Have It Size (Large)	2		
Lite Vanilla Crème Latte, Love It Size (Medium)	2		
Lite Vanilla Crème Latte, Like It Size (Small)	2		
Whipped Topping	0		