

Fast Food Selection Guide



Diabetes **FOOD SPIRAL**®

Ice Cream

2Y	Skinny Vanilla Ice Cream	4R	Amaretto	4R	Ghirardelli® Chocolate Ice Cream
3R	Banana	4R	Banana Bread Batter	4R	Irish Cream Ice Cream
3R	Blueberry	4R	Black Cherry	4R	Key Lime Ice Cream
3R	Butter Pecan	4R	Cake Batter	4R	Macadamia Nut Ice Cream
3R	Cheesecake	4R	Candy Cane	4R	Marshmallow Ice Cream
3R	Cherry Vanilla	4R	Chocolate Cake Batter	4R	Mint Ice Cream
3R	Chocolate	4R	Chocolate Layer Cake	4R	Oatmeal Cookie Batter Ice Cream
3R	Chocolate Dipped Strawberry	4R	Chocolate Malt	4R	Peanut Butter Ice Cream
3R	Egg Nog Ice Cream	4R	Chocolate Peanut Butter	4R	Pecan Praline Ice Cream
3R	Mango Ice Cream	4R	Cinnamon	4R	Pistachio Ice Cream
3R	Mocha Ice Cream	4R	Cinnamon Bun	4R	Raspberry Ice Cream
3R	Orange Dreamsicle Ice Cream	4R	Coconut	4R	Red Velvet Cake Ice Cream
3R	Peppermint Mocha Ice Cream	4R	Coffee	4R	Salted Caramel Ice Cream
3R	Pineapple Upside Down Cake Ice Cream	4R	Cotton Candy	4R	Sweet Cream Ice Cream
3R	Pumpkin Ice Cream	4R	Dark Chocolate	4R	Vanilla Bean Ice Cream
3R	Strawberry Ice Cream	4R	Dark Chocolate Peppermint Ice Cream	5R	OREO® Crème Ice Cream
3R	Strawberry Cheesecake Ice Cream	4R	French Toast Ice Cream		
3R	White Chocolate Ice Cream	4R	French Vanilla Ice Cream		
3R	White Peppermint Ice Cream	4R	Fudge Brownie Batter Ice Cream		

Ice Cream

- 6R** Root Beer Float
- 7R** Churro Caramel Crave™
- 7R** No Fair Funnel Cake™
- 7R** Strawberry Shortcake

- 8R** Brownie A La Cold Stone™
- 8R** Caramel Apple Shortcake
- 8R** Chocolate Lava Meltdown™
- 8R** Hot for Cookie™
- 9R** Hot Fudge Sundae
- 9R** Banana Royale Sundae

- 10R** Turtle Sundae
- 11R** Apple Dumpling

Sorbet

- 2Y** Countrytime® Pink Lemonade Sorbet
- 2Y** Lemon Sorbet
- 2Y** Mojito Sorbet
- 2Y** Orange Sorbet
- 2Y** Pineapple Sorbet
- 2Y** Raspberry Sorbet
- 2Y** Strawberry Mango Banana Sorbet
- 2Y** Watermelon Sorbet

All Smoothies and Yogurt are 2G

Cakes & Cupcakes

- 4R A Cheesecake Named Desire™
- 4R Cake Batter Confetti™
- 4R Cookies & Creamery™
- 4R Mmmmmmint Chip™
- 4R Strawberry Passion™
- 4R Birthday Cake
- 4R Double Chocolate Devotion™
- 4R Cake Batter™ Delux
- 4R Sweet Cream

- 5R Chocolate Chipper™
- 5R Coffeehouse Crunch™
- 5R Cookie Dough Delirium™
- 5R Dark Peppermint Pleasure™
- 5R Midnight Delight®
- 5R Peanut Butter Playground™
- 5R Sweet Cream

Cookies

- 3R OREO® Crème
- 5R Cake Batter Sprinkle
- 5R Perfect Duet
- 6R Cookie Crumb Yum
- 6R Kiss N Tell

Pies

- 3R Caramel Apple
- 3R Mintastic Chip
- 3R Pumpkin
- 3R S'more Some More
- 5R Caramel Turtle Treat
- 5R Cookie Dough
- 5R Santa's Reward
- 5R Chocolate on my Peanut Butter