



Name \_\_\_\_\_

# Fire Prevention and Safety:



- **FIVE MAJOR CAUSES OF FIRES:**

- SMOKING & MATCHES 20-21%
- MISUSE OF ELECTRICITY 15-16%
- DEFECTS IN HEATING SYSTEM 14-15%
- SPONTANEOUS IGNITION 9-10%
- IMPROPER RUBBISH DISPOSAL 7-8%

- **FIRES** CAN ALSO BE CAUSED BY FLAMMABLE LIQUIDS, CHEMICALS AND GASES IN A LABORATORY OR PHARMACY, OPEN BURNERS, HEATING AND COOLING EQUIPMENT AND IMPROPER STORAGE OF COMBUSTIBLE MATERIALS. FOOD SERVICE IS A PERFECT SETTING FOR A FIRE

- It takes 3 ITEMS TO START A **FIRE**:

- **FUEL**--any material that will burn
- **OXYGEN**--normal air we breathe
- **HEAT**--Flame, sparks

- **FIRE is a TRAGEDY** that could happen in a health care institution, or anywhere. Fires occur often enough that every employee should know how to handle an emergency situation. Many people die because employees panic or because someone did not know what to do.

- **When a FIRE happens we must know:**

- Department Floor Plans- Post and have available on a Bulletin Board
- Exit Routes- Go over with your employees regularly
- Exact Location of the Fire Alarms and Fire Extinguishers

**IN CASE OF A FIRE PULL THE FIRE ALARM NEAREST YOU, IF A FIRE IS IN THE PATIENT'S OR RESIDENT'S ROOM REMOVE THE RESIDENT, AND FOLLOW YOUR INSTITUTION'S FIRE RULES FOR YOUR DEPARTMENT.**

- **MAIN CONCERN IS: DO NOT PANIC!!!!**

- TO BEST WAY TO FIGHT A FIRE IS TO PREVENT ONE FROM STARTING.
- GOOD HOUSEKEEPING IS THE BEST GUARANTEE AGAINST FIRES!!! KEEP ALL AREAS CLEAN!!!!!!!!!!!!
- BE ALERT FOR ANY SIGN OF FIRE, AND IF YOU SEE OR SMELL SMOKE REPORT IT IMMEDIATELY TO THE TELEPHONE OPERATOR. EARLY DETECTION MEANS PROMPT EXTINGUISHING OF FLAMES. BE ALERT AT NIGHT AND EARLY MORNING AS FEWER PEOPLE ARE ON DUTY.

**LEARN YOUR FACILITY'S POLICIES AND PROCEDURES ON HANDLING FIRES AND THE SAFETY OF YOURSELF AND OTHERS. MAKE SURE ALL YOUR EMPLOYEES ARE PROPERLY INSERVICED ON FIRE PREVENTION AND SAFETY AND THAT ALL IS DOCUMENTED PROPERLY.**

### ● Fire Safety Tips:

- Report defective electrical outlets, plugs on any piece of equipment that needs repairing so maintenance can repair or replace as needed.
- Know where the fire extinguishers are located and how to use them correctly. Work with your local Fire Department and have hands on training using the Fire Extinguishers. Have all employees present at the meeting and have all employees to participate.
- Use only electrical outlets that have three-wire, grounded plugs and unfrayed wires.

### ● Tips to Remember:

- No Smoking signs are for your Safety!!
- Always obey Rules
- Unplug wall socket-do not jerk or pull
- Do Not PANIC
- Educate all EMPLOYEES and make sure EMPLOYEES understand with POSITIVE feedback FROM EACH EMPLOYEE WITH GOOD DOCUMENTATION

## Quiz:

1. It takes three items to start a fire-fuel, oxygen and heat.
2. 1 of the 5 major causes of fires is smoking and matches.
3. Improper rubbish disposal = 7-8% to the major causes of fires.
4. Fire is the worst thing that can happen in a health care institution, or in fact anywhere.
5. Many people die because employees panic or because someone did not know what to do, often time these people are not in-serviced correctly. All employees should know where the fire extinguishers are and how to use them.
6. Fires are not caused by flammable liquids and gases.
7. When fires happen it is a must to know where the water supply is and to implement the disaster plan immediately.
8. Be alert for any sign of fire, panic is the name of the GAME.
9. Learn your facilities policies and procedures on handling fires and the safety of yourself and others.
10. Good housekeeping is the key to safety and sanitation.
11. Good housekeeping is the best guarantee against fires.

## Answers:

1. True
2. True
3. True
4. True
5. True
6. False
7. False
8. False
9. True
10. False
11. True

# Fire Prevention and Safety

## Education Record for Dietary Department

Date: \_\_\_\_\_ Time: \_\_\_\_\_ Instructor: \_\_\_\_\_

Title: **Fire Prevention and Safety**

Persons in Attendance-sign below- all employees\*\*\*

A synopsis of the in-service includes:

- Causes of Fire
- Prevention
- Safety
- Flammable Liquids and Gasses
- Key to safety
- Key to Sanitation
- Goals
- Exempt Items

Signatures:

- |           |           |
|-----------|-----------|
| 1: _____  | 11. _____ |
| 2: _____  | 12. _____ |
| 3: _____  | 13. _____ |
| 4: _____  | 14. _____ |
| 5: _____  | 15. _____ |
| 6: _____  | 16. _____ |
| 7: _____  | 17. _____ |
| 8: _____  | 18. _____ |
| 9: _____  | 19. _____ |
| 10: _____ | 20. _____ |

Responses and Comments:

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# CERTIFICATE

1 HOUR ON - FIRE PREVENTION AND SAFETY

CERTIFICATE FOR: \_\_\_\_\_

DATE: \_\_\_\_\_

TITLE: FIRE PREVENTION AND SAFETY

BY: FOOD FITNESS FIRST, INC. <sup>TM</sup>

SIGNATURE: \_\_\_\_\_

[www.foodfitnessfirst.com](http://www.foodfitnessfirst.com)

